

MEYERSDALE SCHOOLS FEBRUARY LUNCH MENU



SECOND CHOICE

Monday
Grilled Cheese

Tuesday
Hot Dog

Wednesday
Chicken Nuggets

Thursday
Hamburger On Bun

Friday
Pizza

Peanut Butter & Jelly sandwich served everyday

Food Service Director
Laura Stanczyk
814-634-8313-ext.307
lstanczyk@masd.net

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		1 <i>Cheeseburger</i> 1/2 c. French Fries 1/2 c. Assorted Fruit 1/2 pt Milk Chef Salad 2-12	2 Grilled Cheese Sandwich w/Noodle Soup 1/2 cup Peas 1/2 c. Assorted Fruit 1/2 pt Milk	3 Hot Dog or BBQ Hot Dog 1/2 c. Baked Beans 1/2 c. Assorted Fruit 1/2 pt Milk
6 Popcorn Chicken w/bread 1/2 c. Buttered Corn 1/2 c. Assorted Fruit 1/2 pt Milk	7 Pepperoni Roll 1/2 c. Broccoli 1/2 c. Assorted Fruit 1/2 pt Milk	8 BBQ Rib Sandwich 1/2 c. Peas 1/2 c. Assorted Fruit 1/2 pt Milk Cookie Day	9 Turkey & Gravy over Rice 1/2 c. Carrots 1/2 c. Assorted Fruit 1/2 pt Milk	10 Chicken Taco 1/2 cup Lettuce & Tomato Cup 1/2 c. Assorted Fruit 1/2 pt Milk
13 Chicken Nuggets w/roll 1/2 c. Green Beans 1/2 c. Assorted Fruit 1/2 pt Milk	14 Valentines Day Pork Chop Patty 1/2 c. Mashed Potatoes w/ gravy 1/2 c. Assorted Fruit 1/2 pt Milk Cherries Jubilee	15 Hot Turkey Hoagie 1/2 c. Corn 1/2 c. Assorted Fruit 1/2 pt Milk	16 School Made Chili Wheat Roll 1/2 c. Celery Sticks 1/2 c. Assorted Fruit 1/2 pt Milk	17 Ham BBQ Sandwich 1/2 c. French Fries 1/2 c. Assorted Fruit 1/2 pt Milk
20 NO SCHOOL	21 Ham & Bean Soup w/slice of bread 1/2 c. Mixed Vegetables 1/2 c. Assorted Fruit 1/2 pt Milk	22 Italian Dunker w/Dipping sauce 1/2c. Green Beans 1/2 c. Assorted Fruit 1/2 pt Milk	23 Creamed Turkey over Biscuit 1/2 c. Mashed Potatoes 1/2 c. Assorted Fruit 1/2 pt Milk	24 Fish Sandwich 1/2 c. Green Beans 1/2 c. Assorted Fruit 1/2 pt Milk
27 Chicken Rings 1/2 c. Peas 1/2 c. Assorted Fruit 1/2 pt. milk	28 Pasta & Meat Sauce w/dinner roll 1/2 c. Fresh Salad 1/2 c. Assorted Fruit 1/2 pt Milk	29 Corn Dog Nuggets 1/2 c. Green Beans 1/2 c. Assorted Fruit 1/2 pt Milk	In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA Director, Office of Civil Rights, and 1400 Independence Avenue, S.W., Washington DC 20250-9410 or call (800)795-3272 or (202)720-6382 (TTY). USDA is an equal opportunity provider and employer.	

Milk Choices:
F.F White, & Fat free Flavored

Meal Prices

Elementary Paid:
\$1.15
Middle School Paid:
\$1.25
All Reduced:
\$0.40
Adult
\$2.30

Menu subject to change at any time!



**MEYERSDALE SCHOOL DISTRICT
BREAKFAST MENU
February 2012**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Scrambled Eggs w/toast or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk	2 Sausage Gravy over Bis- cuit or Cereal w/ toast 1/2c Fruit Juice	3 Breakfast Pizza Or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk
6 Waffles w/syrup or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk	7 Super Bun or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk	8 Oatmeal w/toast or Cereal w/ Toast 1/2c Fruit Juice 1/2pt Milk	9 Funnel Cake or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk	10 Breakfast Pizza Or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk
13 Danish or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk	14 Pancakes w/ syrup Sausage patty Or Cereal w/toast 1/2c Fruit Juice 1/2pt Milk	15 Cinnamon roll or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk	16 Scrambled Eggs w/toast or Cereal w/ Toast 1/2c Fruit Juice 1/2pt Milk	17 Breakfast Pizza Or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk
20 No School	21 French Toast w/ Syrup Or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk	22 Breakfast Chicken on a Biscuit or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk	23 Oatmeal w/toast Or Cereal w/ Toast 1/2c Fruit Juice 1/2pt Milk	24 Breakfast Pizza Or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk
27 Sausage on a Stick or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk	28 Funnel Cake or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk	29 Super Bun or Cereal w/ toast 1/2c Fruit Juice 1/2pt Milk		

Breakfast is the most important meal of the day. Please be sure to start your day off on the right foot with a nutritious breakfast either at home or at school in the morning.

Choices of Milk
Fat Free White

Choice of Juice
Orange Juice
Grape Juice
Apple Juice

Breakfast Prices
Paid \$.60
Reduced \$0.30
Adult \$1.65

***Menu
Subject to Change***

**Laura Stanczyk
Food Service Director**

The Nutrition Group is proud to partner with the Meyersdale School District in the National School Lunch and Breakfast Program. We strive to improve upon the variety and quality of meals offered in the cafeteria each day. If you would have any questions or concerns, please feel free to contact our on site Food Service Director, Laura Stanczyk.
634-8313 ext. # 307