

National Health Observances 2016

American Heart Month

American Heart Association
800-242-8721

www.heart.org

Live Well, Work Well flyers:

- Cholesterol and Your Heart Health
- Daily Aspirin Therapy for Heart Health
- Heart Disease
- Heart Disease Risk Quiz
- Heart Health and the Elderly
- The Guide to Metabolic Syndrome
- The Heart and Mind Connection
- What Are Your Numbers?

AMD/Low Vision Awareness Month

Prevent Blindness
800-331-2020

www.preventblindness.org

Live Well, Work Well flyers:

- Children's Health: Vision Care
- Vision Care series

Payroll Stuffer:

- Vision Care: UV Protection

International Prenatal Infection Prevention Month

Group B Strep International
909-620-7214

www.groupbstrepinternational.org

Live Well, Work Well flyers:

- Pregnancy: Group B Strep
- Pregnancy: Prenatal Care

National Children's Dental Health Month

American Dental Association
800-621-8099

www.ada.org/en/public-programs/national-childrens-dental-health-month

Live Well, Work Well flyer:

- Children's Health: Dental Hygiene

Teen Dating Violence Awareness Month

Break the Cycle
310-286-3383

www.teendvmonth.org

Live Well, Work Well flyer:

- Domestic Abuse

African Heritage & Health Week

- Feb. 1-7

Oldways
512-330-0111

www.oldwayspt.org/programs/African-heritage-health/African-heritage-health-week

World Cancer Day – Feb. 4

Union for International Cancer Control (UICC)

+41 (0) 22 809 1811

www.worldcancerday.org/

Give Kids a Smile® Day – Feb. 5

American Dental Association
312-440-2500

www.ada.org/givekidsasmile.aspx

Live Well, Work Well flyer:

- Children's Health: Dental Hygiene

National Wear Red Day – Feb. 5

National Heart, Lung and Blood Institute
Health Information Center

301-496-4236

www.nhlbi.nih.gov/health/educational/heart_ruth/events/wear-red.htm

Live Well, Work Well flyers:

- Heart Disease
- Heart Disease Risk Quiz
- Lung Cancer
- Cholesterol and Your Heart Health
- Heart Health and the Elderly
- High Blood Pressure
- Women's Health series

National Black HIV/AIDS Awareness Day

- Feb. 7

The Strategic Leadership Council
678-538-8795

www.blackaidsday.org

Live Well, Work Well flyer:

- Public Health: HIV/AIDS

Congenital Heart Defect Awareness Week – Feb. 7-14

Congenital Heart Information Network
609-823-4507

www.tchin.org/aware

Live Well, Work Well flyer:

- Children's Health: Birth Defects

National Donor Day – Feb. 14

Division of Transplantation, Healthcare Systems Bureau

Health Services and Services Administration

U.S. Department of Health and Human Services

888-275-4772

www.organdonor.gov

Live Well, Work Well flyers:

- Organ and Tissue Donation FAQs
- Blood Donation

National Eating Disorder Awareness Week – Feb. 21-27

Screening for Mental Health Inc.
781-239-0071

<http://mentalhealthscreening.org/programs/initiatives>

Live Well, Work Well flyers:

- Eating Disorders: Bulimia Nervosa
- Eating Disorders: Anorexia Nervosa
- Emotional Eating