

NOVEMBER

NATIONAL HEALTH OBSERVANCES 2018

American Diabetes Month

American Diabetes Association

800-342-2383

www.diabetes.org/in-my-community/american-diabetes-month.html

Live Well, Work Well flyers:

- Diabetes: Type 1
- Diabetes: Type 2
- Prediabetes: Don't Let it Lead to Type 2

Bladder Health Month

Urology Care Foundation

410-689-3700

www.urologyhealth.org/media-center/bladder-health-month

COPD Awareness Month

American Lung Association

800-548-8252

www.lung.org

Live Well, Work Well flyer:

- COPD: Chronic Obstructive Pulmonary Disease

Diabetic Eye Disease Month

American Academy of Ophthalmology

415-561-8534

<http://aao.org/eyesmart>

Live Well, Work Well flyers:

- Vision Care: Diabetic Eye Disease
- Vision Care: Eye Exams

Lung Cancer Awareness Month

American Lung Association's National Office

800-548-8252

www.lung.org

Live Well, Work Well flyers:

- Lung Cancer
- Smoking and Your Health
- Quit for Your Loved Ones

National Alzheimer's Disease Awareness Month

Alzheimer's Association

800-272-3900

www.alz.org/co/in_my_community_alzheimers_awareness_month.asp

Live Well, Work Well flyer:

- Alzheimer's Disease

National Family Caregivers Month

Caregiver Action Network

202-454-3970

www.caregiveraction.org/

Live Well, Work Well flyer:

- Family Matters: Caregiving

National Healthy Skin Month

American Academy of Dermatology

888-503-7546

www.aad.org

Live Well, Work Well flyers:

- Public Health: Staph Infections
- Stress and Your Skin
- Skin Cancer: Are You Safe in the Sun?
- Tanning Beds

National Hospice and Palliative Care Month

National Hospice and Palliative Care Organization

800-646-6460

www.nhpco.org/hospice-month

Live Well, Work Well flyers:

- Caring for an Elderly Parent
- Family Matters: Making the Hospice Choice

Stomach Cancer Awareness Month

No Stomach For Cancer Inc.

608-692-5141

www.nostomachforcancer.org/get-involved/stomach-cancer-awareness-month

Live Well, Work Well flyer:

- Surviving Cancer

U.S. Antibiotic Awareness Week – Nov. 13-19

Centers for Disease Control and Prevention

800-232-4636

www.cdc.gov/antibiotic-use/week/index.html

Great American Smokeout – Nov. 16

American Cancer Society

800-227-2345

www.cancer.org/healthy/stayawayfromtobacco/greatamerican-smokeout/index

Live Well, Work Well flyers:

- Smoking series
- Smoking and Your Health
- Quit for Your Loved Ones

International Survivors of Suicide Loss Day – Nov. 17

American Foundation for Suicide Prevention

888-333-2377

<http://afsp.org/find-support/ive-lost-someone/survivor-day>

Live Well, Work Well flyer:

- Mental Health series

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Gastroesophageal Reflux Disease Awareness Week – Nov. 20-26

International Foundation for Functional Gastrointestinal Disorders

414-964-1799

www.aboutgerd.org/

Live Well, Work Well flyer:

– GERD: Gastroesophageal Reflux Disease

National Family Health History Day – Nov. 22

U.S. Department of Health and Human Services

Office of the Secretary

Office of the Surgeon General

877-696-6775

www.hhs.gov/familyhistory