



National Health Observances 2016

Childhood Cancer Awareness Month

CureSearch for Children's Cancer
800-458-6223

www.curesearch.org/

Live Well, Work Well flyers:

- Cancer: Learning the Facts
- Fight Cancer with Food
- Surviving Cancer

Fruit and Veggies – More Matters Month

Produce for Better Health Foundation
Centers for Disease Control and
Prevention
813-929-4994

www.pbhfoundation.org/

Live Well, Work Well flyers:

- Eat Well, Live Well
- Fruits and Vegetables series

Healthy Aging[®] Month

Educational Television Network Inc.
610-793-0979

www.healthyaging.net

Live Well, Work Well flyers:

- Staying Healthy for Life
- Heart Health and the Elderly

Prevention Newsletters:

- Women – Stay Healthy at any Age
- Men – Stay Healthy at any Age

National Atrial Fibrillation Awareness Month

American Foundation for Women's Health
940-466-9898

www.stopafib.org

National Childhood Obesity Awareness Month

American College of Sports Medicine
317-637-9200

www.coam-month.org

Live Well, Work Well flyers:

- Children's Health: Obesity
- Obesity: Epidemic Proportions

Workplace Wellness article:

- Fighting Childhood Obesity

National Food Safety Education Month

Partnership for Food Safety Education
202-220-0651

www.fightbac.org

Live Well, Work Well flyers:

- Food Safety

National ITP Awareness Month

Platelet Disorder Support Association
877-528-3538

www.pdsa.org/

National Pediculosis Prevention Month/Head Lice Prevention Month

National Pediculosis Association Inc.
617-905-0176

www.headlice.org

Live Well, Work Well flyer:

- Children's Health: Head Lice

National Preparedness Month

Ready Campaign
FEMA/DHS

800-Be-Ready (800-237-3239)

www.ready.gov/september

Live Well, Work Well flyers:

- Tornado Safety Precautions
- Prepare for a Quake Before It Hits
- Are You Prepared for an Emergency?
- Flood Safety Precautions

National Recovery Month

Substance Abuse and Mental Health
Services Administration

800-662-4357

www.recoverymonth.gov

Live Well, Work Well flyer:

- Substance Abuse

Know Your Benefits article:

- Substance Abuse and Your Employee
Assistance Program

National Sickle Cell Month

Sickle Cell Disease Association of America
800-421-8453

www.sicklecelldisease.org

Live Well, Work Well flyers:

- Sickle Cell Disease

National Traumatic Brain Injury Awareness Month

The Johnny O Foundation
602-820-7655

www.thejohnnyo.org

Live Well, Work Well flyer:

- Children's Health: Sports Safety

National Yoga Awareness Month

Yoga Health Foundation
310-928-6638

www.yogamonth.org

Live Well, Work Well flyer:

- The Health Benefits of Yoga

Newborn Screening Awareness Month

Save Babies Through Screening
Foundation Inc.

888-454-3383

www.savebabies.org

Know Your Benefits article:

- Health Care Reform: Preventive Care
Coverage for Children

Ovarian Cancer Awareness Month

National Ovarian Cancer Coalition
888-682-7426

www.ovarian.org/

Live Well, Work Well flyer:

- Women's Health: Ovarian Cancer

Pain Awareness Month

American Chronic Pain Association
(800) 533-3231

www.theacpa.org/

Prostate Cancer Awareness Month

ZERO: The End of Prostate Cancer
888-245-9455

www.zerocancer.org

Live Well, Work Well flyers:

- Men's Health: Prostate Cancer
- Men's Health: Preventive Screenings –
Part 2



National Health Observances 2016

Sepsis Awareness Month

Sepsis Alliance
619-232-0300

www.sepsis.org/

Sports Eye Safety Month

Prevent Blindness
800-331-2020

www.preventblindness.org

Live Well, Work Well flyers:

- Sports Safety: Eye Protection
- Children's Health: Sports Safety

Whole Grains Month

Whole Grains Council
617-421-5500

www.wholegrainscouncil.org/

Live Well, Work Well flyers:

- Eat Well, Live Well
- Food Density and Your Diet

Employee poster:

- Benefits of Whole Grains

National Suicide Prevention Week – Sept. 5-11

American Association of Suicidology
202-237-2280

www.suicidology.org

Live Well, Work Well flyer:

- Mental Health: Suicide

World Suicide Prevention Day – Sept. 10

International Association for Suicide Prevention

www.iasp.info/wspd/index.php

Live Well, Work Well flyer:

- Mental Health: Suicide

National Celiac Disease Awareness Day – Sept. 13

Celiac Support Association
877-272-4272

www.csaceliacs.org

Live Well, Work Well flyer:

- Celiac Disease

RAINN Day – Sept. 15

Rape, Abuse & Incest National Network (RAINN)

800-656-HOPE (4673) National Sexual Assault Hotline

800-544-1034

www.rainn.org/rainnday

Live Well, Work Well flyers:

- Sexual Assault
- Sexual Harassment in the Workplace

National Farm Safety & Health Week – Sept. 18-24

National Education Center for Agricultural Safety

888-844-6322

www.necasag.org

Live Well, Work Well flyers:

- Eating Organic
- Support Your Local Farmer

National HIV/AIDS and Aging Awareness Day – Sept. 18

The AIDS Institute

813-258-5929

www.NHAAAD.org

Live Well, Work Well flyer:

- Public Health: HIV/AIDS

Malnutrition Awareness Week – Sept. 19-23

American Society for Parenteral and Enteral Nutrition

610-649-7994

www.nutritioncare.org

Live Well, Work Well flyers:

- Eat Well, Live Well
- Healthy Meals on a Budget

Get Ready Day – Sept. 20

American Public Health Association
202-777-2742

www.getreadyforflu.org

Live Well, Work Well flyers:

- Influenza: Facts About the Flu
- Tornado Safety Precautions
- Fire Safety and Prevention
- Hurricane Preparation at Home
- Flood Safety Precautions

National School Backpack Awareness Day – Sept. 21

American Occupational Therapy Association

301-652-6611

www.aota.org

Live Well, Work Well flyer:

- Backpack Safety for those Hefty Loads
- Prevention Newsletter:*
- Back-to-school Basics

Falls Prevention Awareness Day – Sept. 22

National Council on Aging

571-527-3900

www.ncoa.org/healthy-aging

Family Health & Fitness Day USA® – Sept. 24

Health Information Resource Center
800-828-8225

www.fitnessday.com

Live Well, Work Well flyers:

- Children's Health: Exercise
- Family Health: Assessment and Action Plan
- Fitness First series
- Set a Good Example for Your Kids



National Health Observances 2016

National Women's Health & Fitness Day

– **Sept. 28**

Health Information Resource Center

847-816-8660

www.fitnessday.com

Live Well, Work Well flyers:

- Fitness First series
- Women's Health series

Prevention Newsletter:

- Women – Stay Healthy at any Age

World Rabies Day – Sept. 28

Global Alliance for Rabies Control

570-899-4885

<https://rabiesalliance.org/>

Live Well, Work Well flyer:

- Emergency Precautions for Your Pet

World Heart Day – Sept. 29

World Heart Federation

www.worldheart.org

Live Well, Work Well flyers:

- Cholesterol and Your Heart Health
- The Heart and Mind Connection
- Heart Disease
- Heart Health and the Elderly

Sport Purple for Platelets Day – Sept. 30

Platelet Disorder Support Association

877-528-3538

www.pdsa.org