

SEPTEMBER

NATIONAL HEALTH OBSERVANCES 2018



Childhood Cancer Awareness Month

American Childhood Cancer Organization National Office
855-858-2226

www.acco.org/childhood-cancer-awareness-month

Live Well, Work Well flyers:

- Cancer: Learning the Facts
- Fight Cancer with Food
- Surviving Cancer

Fruit & Veggies—More Matters Month

Produce for Better Health Foundation
813-929-4994

www.fruitsandveggiesmorematters.org/September+is+Fruits+%26+Veggies--More+Matters+Month

Live Well, Work Well flyers:

- Eat Well, Live Well
- Fruits and Vegetables series

Healthy Aging Month

American Academy of Ophthalmology
415-561-8534

<http://aao.org/eyesmart>

Live Well, Work Well flyers:

- Staying Healthy for Life
- Heart Health and the Elderly

National Atrial Fibrillation Awareness Month

American Foundation for Women's Health
940-466-9898

www.stopafib.org/

National Childhood Obesity Awareness Month

American College of Sports Medicine
317-637-9200

www.acsm.org/about-acsm/initiatives/coam

Live Well, Work Well flyers:

- Children's Health: Obesity
- Obesity: Epidemic Proportions
- Workplace Wellness article:*
- Fighting Childhood Obesity

National Food Safety Education Month

Partnership for Food Safety Education
202-220-0651

www.fightbac.org

Live Well, Work Well flyer:

- Food Safety

National ITP Awareness Month

Platelet Disorder Support Association
877-528-3538

www.pdsa.org/

National Pediculosis Prevention Month/Head Lice Prevention Month

National Pediculosis Association Inc.
617-905-0176

www.headlice.org

Live Well, Work Well flyer:

- Children's Health: Head Lice

National Preparedness Month

Ready Campaign
Federal Emergency Management Agency, Department of
Homeland Security
800-237-3239

www.ready.gov/september

Live Well, Work Well flyers:

- Tornado Safety Precautions
- Prepare for a Quake Before It Hits
- Are You Prepared for an Emergency?
- Flood Safety Precautions

National Recovery Month

Substance Abuse and Mental Health Services Administration
877-726-4727

www.recoverymonth.gov

Live Well, Work Well flyer:

- Substance Abuse
- Know Your Benefits article:*
- Substance Abuse and Your Employee Assistance Program

National Sickle Cell Month

NHLBI Center for Health Information
301-592-8573

www.nhlbi.nih.gov/health/educational/sickle-cell-awareness

Live Well, Work Well flyer:

- Sickle Cell Disease

National Traumatic Brain Injury Awareness Month

The Johnny O Foundation
602-820-7655

www.thejohnnyo.org

Live Well, Work Well flyer:

- Children's Health: Sports Safety

National Yoga Awareness Month

Yoga Health Foundation
310-928-6638

www.yogamonth.org

Live Well, Work Well flyer:

- The Health Benefits of Yoga

Newborn Screening Awareness Month

Save Babies Through Screening Foundation Inc.
888-454-3383

www.savebabies.org

Know Your Benefits article:

- Health Care Reform: Preventive Care Coverage for Children

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Ovarian Cancer Awareness Month

National Ovarian Cancer Coalition

888-682-7426

www.ovarian.org/

Live Well, Work Well flyer:

- Women’s Health: Ovarian Cancer

Pain Awareness Month

American Chronic Pain Association

800-533-3231

www.theacpa.org/September-is-Pain-Awareness-Month

Prostate Cancer Awareness Month

ZERO - The End of Prostate Cancer

888-245-9455

www.zerocancer.org

Live Well, Work Well flyers:

- Men’s Health: Prostate Cancer
- Men’s Health: Preventive Screenings – Part 2

Sepsis Awareness Month

Sepsis Alliance

619-232-0300

www.sepsis.org/

Sexual Health Awareness Month

American Sexual Health Association

919-361-8400

www.ashastd.org/

Whole Grains Month

Whole Grains Council

617-421-5500

<http://wholegrainscouncil.org/get-involved/celebrate-whole-grains-month-september>

Live Well, Work Well flyers:

- Eat Well, Live Well
 - Food Density and Your Diet
- Employee poster:*
- Benefits of Whole Grains

World Alzheimer’s Month

Alzheimer’s Disease International

011-44-207-981-0880

www.alz.co.uk/wam

Live Well, Work Well flyer:

- Alzheimer’s Disease

National Suicide Prevention Week – Sept. 9-15

American Association of Suicidology

202-237-2280

www.suicidology.org/

Live Well, Work Well flyer:

- Mental Health: Suicide

World Suicide Prevention Day – Sept. 10

International Association for Suicide Prevention

www.iasp.info/wspd/index.php

Live Well, Work Well flyer:

- Mental Health: Suicide

National Celiac Disease Awareness Day – Sept. 13

National Celiac Association

617-262-5422

www.nationalceliac.org

Live Well, Work Well flyer:

- Celiac Disease

National Farm Safety & Health Week – Sept. 16-22

National Education Center for Agricultural Safety

888-844-6322

www.necasag.org/nationalfarmsafetyandhealthweek

Live Well, Work Well flyers:

- Eating Organic
- Support Your Local Farmer

Get Ready Day – Sept. 18

American Public Health Association

202-777-2742

www.getreadyforflu.org/getreadyday/index.htm

Live Well, Work Well flyers:

- Influenza: Facts About the Flu
- Tornado Safety Precautions
- Fire Safety and Prevention
- Hurricane Preparation at Home
- Flood Safety Precautions

National HIV/AIDS and Aging Awareness Day – Sept. 18

The AIDS Institute

202-835-8373

www.nhaad.org

Live Well, Work Well flyer:

- Public Health: HIV/AIDS

National School Backpack Awareness Day – Sept. 19

American Occupational Therapy Association

301-652-6611

www.aota.org/conference-events/backpack-safety-awareness-day.aspx

Live Well, Work Well flyer:

- Backpack Safety for those Hefty Loads

Falls Prevention Awareness Day – Sept. 22

National Council on Aging

571-527-3900

www.ncoa.org/fpad

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Malnutrition Awareness Week – Sept. 24-28

American Society for Parenteral and Enteral Nutrition

610-649-7994

www.nutritioncare.org/maw/

Live Well, Work Well flyer:

- Eat Well, Live Well

Family Health & Fitness Day USA – Sept. 24

Health Information Resource Center

800-626-6772

www.nrpa.org/familyfitness

Live Well, Work Well flyers:

- Children’s Health: Exercise
- Family Health: Assessment and Action Plan
- Fitness First series

National Women’s Health & Fitness Day – Sept. 26

Health Information Resource Center

847-816-8660

www.fitnessday.com

Live Well, Work Well flyers:

- Fitness First series
- Women’s Health series

Sport Purple for Platelets Day – Sept. 28

Platelet Disorder Support Association

877-528-3538

www.pdsa.org

World Rabies Day – Sept. 28

Global Alliance for Rabies Control

<https://rabiesalliance.org/>

Live Well, Work Well flyer:

- Emergency Precautions for Your Pet

World Heart Day – Sept. 29

World Heart Federation

011-41-22-807-03-20

www.worldheartday.org

Live Well, Work Well flyers:

- Cholesterol and Your Heart Health
- The Heart and Mind Connection
- Heart Disease
- Heart Health and the Elderly